

You have registered for the:

## Anger Management Group

Please plan you day to arrive on time, doors are locked at 10 minutes after the start of the class.

**Objective:** To give the participant practical and applicable skills to manage anger and communication problems. You will leave with a better understanding of control in situations and how to implement that in conflicting situations.

**How?** This is NOT a lecture but an interactive therapeutic process. All participants must contribute to discussion, and take part in exercises. Anger Management and communication skills will be taught to allow each participant to leave with tools they can use immediately.

**Where?** **DAUPHIN CTY** Dauphin County Court House –  
101 Market St., St., Harrisburg PA 17101

**The class starts promptly at 9:00 am ends at 12:00**

**Cost?** The fee is **\$50.00** for the class, Paypal charges a **\$5.00** processing fee.

**Parking?** Harrisburg is all meter parking or parking garages  
Please come prepared to fill meters !!!! (parkharrisburg.com)

**Completion?** After you have attended, and paid for the class, the person who referred you to the class will receive an official notice of attendance  
We do not give out certificates, please assure you give us the name and contact information of referring agent.

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